



Parks and Recreation Afterschool and Recess Programs Health & Safety Plans Overview 2020

PPE equipment at all locations where sports programs will take place

- Each program will have a designated area for disinfecting equipment.
- Each program will have a designated sanitation area for participants during the program.
- Staff and Instructors will have a separate designated sanitation area during program.
- Staff and Instructors will have the following:
 - Masks
 - Gloves
 - Hand Sanitizer
 - Water Jug
 - Disinfecting spray

Participants/ Parents

Participants:

- Participants must arrive at least 15 minutes before program starts.
- We will ask participants to wash their hands and go to an assigned social distancing area.
- Participants will proceed to an assigned area marked by cones or visible tape.
- Participants must remain at their assigned area before starting the program.
- Participants then will move to assigned activity area to start the program.
- Participants will participate in multiple modified activities.
- When/If participants share equipment, for example a ball, staff will disinfect that equipment after each use.
- Participants must bring their own water bottles.
- If a participant needs their water bottle filled, a staff member will fill it and use disinfectant wipes and sanitary practices.
- Bathroom breaks will be with a small group of no more than 3 participants and 2 staff members
- Participants must follow the rules and regulations during the program or they will be dismissed without the opportunity to return for the remainder of that session. If continual disregard for the rules occur then permanent dismissal will be considered.
- Participants must follow arrival and dismissal procedures at each program.
- Participants will remain in their assigned groups for the entire session.
- All programs will have access to a public health nurse.

Parents/Guardians:

- During drop-off and pick-up parents/guardians must wear a face mask.
- Remain in designated area. For example, at Dilboy Stadium remains at the entrance of the gate.
- Maintain 6 ft. distance from others.
- At the designated check in area, confirm that emergency contact information is up-to-date.
- In case of cancelations, parents will be notified by e-mail and by phone.



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- If your child is experiencing any flu like symptoms, **please do not** bring them to the program.

If your child starts to exhibit any flu like symptoms while at the program, they will be dismissed immediately into the care of parents/guardians.

Participant and Parent/Guardian Guidelines:

- Participants show up to the program, all participants must be wearing a mask. They will check in at the desk with supervisor, participant hands will be sanitized, after hands are sanitized staff will take them to their designated area.
- Each designated area will be marked with 6 ft. in between for social distancing; this is where they will keep their belongings and water.
- When moving from designated area to activity, staff will line up the participants, keeping 6 ft. between each participant and walk them to their assigned activity.
- Participants will participate in multiple activities, each activity will have equipment/materials either individualized or disinfected with each and every use.
- **Dismissal of participants:** Participants will go to their designated assigned location to retrieve their belongings. Staff will stay in a neutral area and kids will go to their assigned location. Parents will check in with staff from there they will be dismissed to their parent/guardian at the assigned pick up location. Limited contact between staff, parents and participants.
- At the end of the day once all children have left, staff will disinfect all tables and chairs and other equipment before putting it into storage.

Suggestions for parents:

- Disinfect your child's bag and water bottle each day after the program and before the program each day.

Staff Prep:

- Staff must show up half hour before start of program.
- All staff must be wearing a mask.
- Put their belongings in identified location.
- Wash hands; sanitize phones and any other personal items that they may be touching throughout the day.
- Meet with supervisor to review schedule.
- Move to their assigned location always staying 6-10 ft. away from co-workers.
- Always sanitize after contact with participants, materials, and equipment.
- Employees will attempt to stay 6 ft. away from participants while running the program* (This may be very difficult at times but must do the best that they can.)
- In case of injury or contact with participants gloves must be worn.
- While using equipment staff and rec leaders will assign equipment for one participant at a time. In case of shared equipment, equipment will be sanitized before and after each program. All equipment/materials will be sanitized after each use or rotation.



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- Staff will bring their lunch/snack or have it delivered to minimize having to leave the facility/location. While eating lunch staff must keep 6ft apart maintaining social distancing.

Bathroom and Water Breaks:

- Bathroom breaks will be done on a 2:1 (2 counselors to one child) or small group basis.
- Water breaks: every child must have their own water bottle. Water jugs will be available at each location and staff will assist children as needed wearing gloves and proper protective gear. Staff will use disinfecting wipes after filling each bottle.

Staff Regulations:

- All staff must wear face covering, gloves (whatever is the appropriate safety guidelines)
- Designated areas where staff can store their belongings.
- All staff must wash hands before starting work at location. Frequent hand washing will occur throughout the day.
- If a staff member is traveling from one program to another, they will need to change their clothes before attending the next program.